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BARRY ROBERTS
 Mount Everest Summit - 8848m
 24th May 2004

**INSPIRATIONAL
 SPEAKER**



Successful businesses must have clear goals and the stamina to pursue them. They need the collective courage to take risks, great leadership and above all, brilliant teamwork.

That's also what it took to climb Everest- only it was a lot colder.



Topic
 December 1990
 Corporate Himalayan expedition facilitated by Barry Roberts



Westmorland Gazette
 May 2004



BA News
 November 1995
 British Airways Leadership Programme

To discuss your commercial needs contact:

**CORPORATE
 INTERVENTIONS**

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AN EVEREST JOURNEY

Barry Roberts fulfilled a teenage dream by climbing Mount Everest on May 24th 2004. However, three weeks before departing for the expedition, Barry was crippled after he broke his back in two places from a skiing fall. Within two weeks he resumed training against medical advice and was undeterred in joining the expedition. Two months later, feeling ill and poorly acclimatised to the rarified air at high altitude, Barry astonished himself - and his team mates - by making a speedy recovery and ascent of the mountain over a six day period, reaching the summit from Camp 4 (8300m) at 7.40am on May 24th in just six hours and ten minutes.

In total 33 climbers and Sherpas on his team summited but this phenomenal success was marred by the deaths of six climbers that same week, which brought the dangers in the so-called 'death zone' above 8000m into sharp relief. The day



after summiting, Barry guided one-armed Australian climber Paul Hockey down the mountain safely to Advanced Base Camp after Paul's exhausting summit bid.

Prior to Everest, Barry has participated in or led 19 world-wide expeditions from which he draws highlights to set the scene for his multimedia Everest story, which is one of personal courage, motivation and audacity, team working under extreme conditions and leadership.

Audience Feedback... Awe inspiring... Excellent... I was gobsmacked...

SNAPSHOT CV - BARRY ROBERTS

- ❖ 22 years experience in leadership & team development
- ❖ Company Director of Corporate Interventions Ltd.
- ❖ Commercial Director of Wilderness Medical Training
- ❖ Extensive global corporate consultancy experience
- ❖ Has led or participated in 20 major expeditions world-wide
- ❖ An active climber, ski mountaineer, skydiver, scuba diver & paraglider pilot
- ❖ Former Director of Raleigh International
- ❖ B.Sc., B.Ed, Fellow of the Royal Geographical Society

SPEAKING ENGAGEMENTS & CONSULTANCY

Motivational and inspirational speaking engagements for teams, business leaders, conferences and special corporate events can be combined with:

- ❖ Team development
- ❖ Leadership development
- ❖ Executive 1:1 coaching



I think Everest touches a nerve in many people which inspires us to excel, to be audacious and to revel in the spirit that drives us to explore and challenge ourselves. And maybe too, for a moment, the 'Everest' spirit helps us to set aside, or at least suspend, negativity and cynicism that can so easily pervade our thoughts, dreams and ambitions. That can only be a good thing, right?

Barry Roberts

EXCERPTS FROM FINAL EXPEDITION DISPATCH 28TH MAY 2004

Here's a flavour of the 6-day summit bid...

❖ 20th May

The forecast was holding for good summit weather on the 24th so we set off to North Col Camp 1 (7000m) on leg one of the summit push. The North Col has been a huge psychological barrier to me all along.

❖ 21st May

Today I had to face the daunting 500m snow slope to Camp 2 (7500m+). We barely got out of Camp 1 when again I just couldn't get my legs to move. I retreated to the col to talk to Mark Whetu, guide and 3x summiter about progressing. I had no intention of giving up until I had given it my absolute best shot and had exhausted every option. We agreed I'd sleep at north col again and then climb to Camp 2 the next day on O's (oxygen). The main problem with this plan was that it would put me a day behind the summit group...

so I would have to climb through Camp 2 and straight on to Camp 3 to catch them up in a single day - climbing 900m in a day...

❖ 22nd May

... I was on my own now to reach Camp 3 (7900m). I maintained a steady pace... to reach Camp 2 in 3.5 hrs. It was blowing madly and visibility was down to 50m but I headed out in the storm, found the fixed ropes and climbed smoothly on, through rock, to reach Camp 3 in 2hrs 8mins.

❖ 23rd May

We now only had a 3-4 hr climb ahead of us to Camp 4 (8300m). Once at camp we did well to nibble a lot and drink loads before getting into our sleeping bags at 8pm for a short nap before getting up at 11.30pm.

❖ 24th May - 1.30am

The sky was clear and there was only a light wind. I carried on and up the exit cracks to the north ridge and didn't see anyone for about an hour. I was very comfortable and warm and getting into a good rhythm. On top of the 2nd step (was about 5am by now)... only 15m away from us was the body of a Bulgarian climber who died a few days earlier. I was really feeling strong and found myself in the lead. I now had no doubt that I would summit with Wonchin Sherpa my climbing partner on his 1st ascent.

I really didn't want to forget this summit moment in a hypoxic haze - I didn't - it is emblazoned on my brain as one of the finest days of mountaineering I've ever experienced and one of the happiest days of my life.

After 30 minutes on top it was time to depart. We reached Camp 4 at 11.30am and rested for an hour before carrying down to North Col Camp 1. My legs were like jelly on the descent. It was 5pm now and all I had the capacity to do was get into a tent, brew, eat and sleep.

❖ 25th May

By 9am... only me and Paul Hockey remained in camp. It had snowed 30cm overnight which put the avalanche risk up on the steep North Col slopes. Paul was totally exhausted - but in chirpy spirits. I got him going and guided him down the col, including three ice abseils. Crampons finally off, we waddled the final 45 minutes of moraine in hot down suits back to Advanced Base Camp to a warm welcome.

I'm still reflecting on the detail of those six days and how lucky and privileged I was to succeed.

